COURSE ANNOUCEMENT
Spring 2016 Semester

WFED 4990: Research Seminar
Transition from UGA to Adult Life: Making Sense Out of College

WFED 4990 is a 3-cr hr seminar designed especially for juniors and seniors at UGA and is OPEN to students from ANY major...ANY career goal!! The course will help participants reflect on their UGA experience and begin planning for and implementing steps needed to make a successful transition from college to adult life. The interdisciplinary seminar will be co-taught by Jay Rojewski (College of Education), Chris Pisarik (Division of Academic Enhancement) and Mylene Culbreath (doctoral students College of Education). A description is provided below.

What will you do when you graduate? Get a job, right? But is that all there is? And, how can you make sense out of your UGA experiences and feel better prepared for the future? Are you ready for the transition from college to adult life?

- Students will develop an e-Portfolio that will document relevant career-related experiences and focus on resume development, interviewing and job-seeking skills.
- Students will have the opportunity to look at personal values and life goals.
- Guest speakers will be invited to provide information about a variety of topics ranging from work issues (e.g., things to remember during the hiring process) to personal issues (e.g., mortgages, interest rates, credit cards, retirement planning) to personal life goals (e.g., value of family, children, work-life balance).

Questions about the future and next steps become increasingly important as graduation looms ever nearer. Examples of questions we will examine include: What will I do when I graduate? What career path will I take? Where will I live? How can I make new friends but stay in touch with old ones? How should I interact with my parents as an adult? Do I value family? children? How can I balance a full life to include career AND other life roles? These, and similar questions will be addressed.

At the end of this seminar, participants will be better prepared for the next steps in their lives by recognizing how their undergraduate experiences have influenced who they are now and who they are striving to become.